

# DANCE MOUSE™

- FRANCHISE OPPORTUNITIES AVAILABLE -

STARTING IN SCHOOLS FROM GRADE 000 - GRADE 7  
COUNTRYWIDE AS AN EXTRA COST ACTIVITY

Warm up includes: Ballet and Modern Techniques, Body Conditioning,  
Pilates Basics, Silk Training and Proprioception Skills

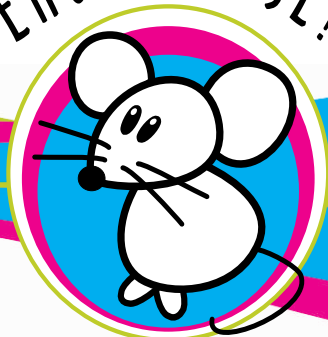
**DANCE FORMS:** Hip Hop • Freestyle • Hip-Tap • Rock 'n Roll  
Latin American • Breakdancin' • Gymnastics • Cheerleading Basics  
*Strength, Stretch and Core Training is our passion!*

A FUN PROGRAM FOR BOYS AND GIRLS

THE "DANCE MOUSE" SYLLABUS

The syllabus offers an awesome foundation to all forms of dance  
as well as other activities creating strong, flexible bodies!

THE BENEFITS ARE ENOR'MOUSE!



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