

Daily Programme
Baby Room 6 Weeks – 12 Months

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| 06h30 – 08h00 | Arrival & Free Play |
| 08h00 – 08h30 | Breakfast |
| 08h30 – 08h45 | Nappy Change |
| 08h45 – 09h00 | Milk Bottles & Quiet Time |
| 09h00 – 11h00 | Morning Sleep |
| 11h00 – 11h15 | Nappy Change |
| 11h15 – 11h30 | Tummy Time & Exercises <small>(Jolly Jumpers, Exercise Ball, Baby massage, Baby Gym)</small> |
| 11h30 – 12h00 | Lunch Time |
| 12h00 – 12h30 | Outside Play Time <small>(Weather Permitting)</small> |
| 12h30 – 13h00 | Nappy Change |
| 13h00 – 13h15 | Milk Bottles & Quiet Time |
| 13h15 – 14h45 | Afternoon Sleep |
| 14h45 – 15h00 | Nappy Change |
| 15h00 – 15h15 | Snack Time |
| 15h15 - 15h30 | Outside Play Time <small>(Weather Permitting)</small> |
| 15h30 – 16h00 | Nappy Check & Freshen Up |
| 16h00 – 16h15 | Song Time & Sensory Play |
| 16h15 – 16h30 | Story Time |
| 16h30 – 17h00 | Free Play |
| 17h00 – 17h20 | Final Nappy Check |
| 17h20 – 17h45 | Closing & Departure |

Note: Every Friday our babies have a music lesson from Singing Sensations.